

# Family Constellation Workshop

## NARRABEEN, SYDNEY, NSW

**SYSTEMIC/FAMILY/STRUCTURAL CONSTELLATION WORKSHOP**  
**SUNDAY 22ND FEBRUARY, 2026**  
**TRAMSHED COMMUNITY CENTRE, NARRABEEN**



### ABOUT MARIA DOLENC

Maria will be facilitating this workshop and providing you with her own unique style and passion for this work. Maria is a qualified Gestalt Therapist, accredited PACFA supervisor. She worked at South Pacific Private for 14 years as a Family Therapist, Clinical Supervisor and was also co-director at Gestalt Therapy Sydney. Maria also facilitates Family Constellations at Byron Private Treatment Centre for the last 6 years. Maria has studied Family Constellation work with leaders locally and overseas. She has been conducting Family Constellations Workshops and Facilitators training in Australia and Internationally for over ten years.

**Despite our greatest efforts some of us find ourselves struggling to live fully or relate well within our families.**

People can experience powerful forces that thwart them in their lives and feel entangled within the dynamics of their family.

**Entanglements in family dynamics can result in relationship difficulties between:**

- partners • parents and children • siblings

**They can also contribute to:**

- addictions • illnesses • negative repetitive patterns in our lives

**WHEN:** Sunday 22nd February, 2026

**WHERE:** Tramshed Community Centre - Tramshed Hall  
1395A Pittwater Road, Narrabeen

**TIME:** 9.30am - 5.00pm

**COST:** \$180

**DEPOSIT:** \$50 deposit by 25th January, 2026

Morning and afternoon tea provided. Bring your own lunch.

**BOOKINGS: CALL OR EMAIL MARIA**

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visit  
**MariaDolenc.com.au**  
for more information