



SYSTEMIC/STRUCTURAL/FAMILY CONSTELLATION TRAINING 2025 SYDNEY

*An experiential, educational and theoretical background of
Systemic Constellation work grounded in the principles
and practice of Gestalt therapy*

Gestalt Therapist and Systemic/Family Constellation Practitioner



Maria Dolenc is a qualified Gestalt therapist, Family Constellation Facilitator, Trainer and accredited PACFA supervisor. She worked at South Pacific Private as a Family Therapist and Clinical Supervisor for twelve years and was also co-director at Gestalt Therapy Sydney.

Over the last 7 years Maria has been conducting Family Constellations workshops at Byron Private. She now devotes her time mainly to what she loves doing, which is Constellation work.

Maria has studied Family Constellation work with leaders locally and overseas. She has been conducting Family Constellations Workshops and Facilitators training in Australia and Internationally for over ten years. She has been instrumental in bringing Family Constellation to Sydney as well as being part of organising the first three Australasian Constellation Intensives.



Tanmaya will be joining Maria again as co-facilitator. Tanmaya has been conducting Family Constellation workshops for over ten years. He has studied Family Constellation work both locally and overseas.

He also brings his learning from Zen, Buddhism, Sufism, Gestalt and years living and working in Osho's community.

COURSE OVERVIEW

Systemic Constellation is a method which, if we are attentive and sensitive, opens the door to the depths of the soul.

The course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

COURSE AIM

To generate an educational experience whereby you can develop a good theoretical and practical basis for introducing systemic constellation work into your own practices.

We aim to cover the most important core areas of systemic constellation work and where possible, include special interests and needs of the individuals in the course.

LEARNING PROCESSES

- Teaching, reflections and discussions
- Experiential exercises
- Feedback
- Small group self directed learning between training sessions
- Self-awareness
- Evolving personal style and creativity

PRE-REQUISITES FOR STUDENTS

To be already working in a field in which you can readily apply constellation work eg: therapist, organisational consultant, health professional, teacher, counsellor, social worker and individuals interested in their inner work.

COURSE NUMBERS

A minimum of 8 students enrolled at the outset for the course to proceed.

COURSE DATES

28th Feb - 2nd Mar 2025

2nd May - 4th May 2025

1st Aug - 3rd Aug 2025

17th Oct - 19th Oct 2025

For a more detailed Course Outline, application form and cost, please contact Maria.

E | maria@mariadolenc.com.au

W | www.mariadolenc.com.au

For more information about
Systemic Constellation work:
www.family-constellations.org

