

Systemic/ Family/ Structural Constellation Workshop

with **Maria Dolenc**

Gestalt Therapist and Systemic/Family Constellation Practitioner

“Despite our greatest efforts some of us find ourselves struggling to live our lives fully or relate well within their families.”

They can experience powerful forces that thwart them in their lives and feel entangled within the dynamics of their family.

Entanglements in family dynamics can result in relationship difficulties between:

- partners
- parents and children
- siblings

They can also contribute to:

- addictions
- illnesses
- negative repetitive patterns in our lives

Constellation work is a process by which family dynamics are made visible. A participant selects people to represent his or her family members and places them into a position that reflects the participant's experience of his or her family. The dynamics of the family relationship can then be observed. The facilitator works in a highly respectful manner bringing into awareness any blocks that may be preventing love from flowing within the family system.

SYSTEMIC/ FAMILY/ STRUCTURAL CONSTELLATION WORKSHOP

WHEN: **SATURDAY 9th April 2022**
9.30am - 5.00pm

COST: **\$180 per person**

WHERE: **BERRY HALL**
Tramshed Arts and Community Centre
1395A Pittwater Road
Narrabeen

DEPOSIT: **\$50 deposit by 20th March 2022**
Morning and afternoon tea provided.

BOOKINGS CALL OR EMAIL MARIA

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Maria Dolenc will be facilitating this course and providing you with her own unique style and passion for this work.



Maria is a qualified Gestalt Therapist, accredited PACFA supervisor. She worked at South Pacific Private as a Family Therapist and Clinical Supervisor for twelve years and was also co-director at Gestalt Therapy Sydney.

Maria now devotes her time mainly to what she loves doing, which is Constellation work.

Maria has studied Family Constellation work with leaders locally and overseas. She has been conducting Family Constellations Workshops and Facilitators training in Australia and Internationally for over ten years. She has been instrumental in bringing Family Constellation to Sydney as well as being part of organising the first three Australasian Constellation Intensives.

For more information about Systemic Constellation work: www.family-constellations.org
www.constellationflow.com
www.mariadolenc.com.au