

# Systemic Constellation Workshop

Trauma, Shame, Addictions & Relationships  
2 Days Systemic Constellation Workshop

## ABOUT MARIA DOLENC

Maria will be facilitating this workshop and providing you with her own unique style and passion for this work. Maria is a qualified Gestalt Therapist, accredited PACFA supervisor. She worked at South Pacific Private for 14 years as a Family Therapist, Clinical Supervisor and was also co-director at Gestalt Therapy Sydney. Maria also facilitates Family Constellations at Byron Private Treatment Centre for the last 6 years. Maria has studied Family Constellation work with leaders locally and overseas. She has been conducting Family Constellations Workshops and Facilitators training in Australia and Internationally for over ten years.



## ABOUT BORIS DOLENC

Boris will be assisting Maria, his mother, in this workshop. Boris has a Degree in Social Sciences and has been working with people, specialising in therapeutic crisis and trauma intervention for over 25 years. He has trained with Maria over the last four years and at the Sydney Intensive with leaders, local and international. Boris has an intuitive way of thinking systemically and brings a natural, grounded authentic approach to this work.



## Addiction in our Culture

Addictions are behaviour patterns that perpetuate underlying problems and feelings. Although they provide temporary relief, they fundamentally give us the means to run away from feelings, instead of being with them. Denial allows us to maintain ongoing addictive behavioural patterns.

In our culture, the primary form of addiction is “Addictive Thinking”. It keeps us disconnected from ourselves and from each other.

Letting go of “Addictive Thinking” will allow us to foster authentic connections with ourselves and with those around us.

**WHEN:** 4th & 5th December 2021

**WHERE:** 42 Bilin Road [OMF Hall] Myocum NSW 2481

**TIME:** 9.30 am - 5.00pm

**COST:** \$320 per person for 2 days

**DEPOSIT:** \$50 deposit by October 29th

Morning and afternoon tea provided. Bring your own lunch.

**BOOKINGS: CALL OR EMAIL MARIA**

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visit  
**MariaDolenc.com.au**  
for more information