

# Family/Couples Constellation Workshop

*“Despite our greatest efforts some of us find ourselves struggling to live our love fully or relate well within their families.”*

They can experience powerful forces that thwart them in their lives and feel entangled within the dynamics of their family.

Entanglements in family dynamics can result in relationship difficulties between:

- partners
- parents and children
- siblings

They can also contribute to:

- addictions
- illnesses
- negative repetitive patterns in our lives

Constellation work is a process by which family dynamics are made visible.

**MARIA DOLENC** is a qualified Gestalt therapist, Family Constellation Facilitator, Trainer and accredited PACFA supervisor. She worked at South Pacific Private as a Family Therapist and Clinical Supervisor for twelve years and was also co-director at Gestalt Therapy Sydney.

Over the last 5 years Maria has been conducting Family Constellations workshops at Byron Private.

She now devotes her time mainly to what she loves doing, which is Constellation work.

Maria has studied Family Constellation work with leaders locally and overseas. She has been conducting Family Constellations Workshops and Facilitators training in Australia and Internationally for over ten years.



## FAMILY CONSTELLATION WORKSHOP

**WHEN:** SATURDAY 30th January 2021  
9.30 am - 5.00pm

**COST:** \$180 per person

## COUPLES WORKSHOP

**WHEN:** SUNDAY 31st January 2021  
9.30am - 5.00pm

**COST:** \$320 per couple

**WHERE:** BERRY HALL  
Tramshed Community Centre  
1395A Pittwater Road, Narrabeen

**DEPOSIT:** \$100 deposit by January 2nd 2021  
Morning and afternoon tea provided.  
Bring your own lunch.

**BOOKINGS CALL OR EMAIL MARIA**

**M | 0425 277 279**

**E | maria@mariadolenc.com.au**



**BORIS DOLENC** will be assisting Maria, his mother, in the Couples workshop. Boris has a Degree in Social Sciences and has been working with people, specialising in therapeutic crisis and trauma intervention for over 25 years. He has trained with Maria over the last four years, and at the Sydney Intensive.

Boris has an intuitive way of thinking systemically and brings a natural, grounded authentic approach to this work.